

Cosmetic Image Clinics
Botulinum Toxin Type A Treatment
Pre Treatment & Aftercare Instructions

- Do not take aspirin or anti-inflammatory medications for fourteen days prior to B-tox injections, as this may contribute to bleeding problems
- Bruising may occur after any injection
- Should an infection occur, additional treatment including antibiotics may be necessary
- Do not indulge in any activity that will increase body temperature such as heavy exercise or a sauna for at least 24 hours
- Do not lie down or have a procedure that involves lying down (massage, dental treatment etc) for at least 4 hours
- Do not have a facial treatment or any procedure involving moving or pressure on facial muscles for at least 4 hours
- Do not consume excess alcohol for at least 4 hours
- Exercise the muscle areas which have been injected e.g. frown, every 0-15 mins for 3-4 hours post injection

We **strongly** recommend if you are preparing for a special event such as a wedding or work function that you have treatment 14 days prior to the event.

If you have any questions before your appointment or after your treatment, do not hesitate to contact the medical staff at Cosmetic Image Clinics: (07) 3003 4000